

October 2025 – How to Make Your Phone Battery Last Longer

If you are charging your phone to 100% the battery will greatly reduce its longevity. Researchers have found that charging the battery to 80% will greatly extend its life. Here is how to set the maximum charge to 80%:

On an iPhone 15 or 16, open **Settings** and then tap **Battery > Charging > Charge Limit** to select the 80% limit. iPhone 14 and older models do not have this option.

On a Samsung Galaxy handset, open **Settings**, tap **Battery**, and then within **Battery Protection** choose the Maximum setting for the 80% limit.

On a Google Pixel tap **Settings**, then search **Charging**. Then tap **Limit to 80%**.

Of course, the downside to doing this is that the charge won't last as long. What I do is this – once a week, usually on the weekend I turn my phone off and charge it. This bypasses the 80% limit. I leave it off until it reaches 100%. Turning your phone off once a week is a great way to clear out unnecessary files and also any malware you may have downloaded.