

May 2026 IN PERSON LUNCH MENU – DINE AT THE CENTER!

TO RESERVE YOUR MEALS, CALL **610-664-2366** by Previous Wednesday *ALL MEALS COME WITH MILK (and sometimes Juice, where noted); VEG = No Meat*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
April 27 STUFFED SHELLS (VEG) w/ CREAMY WHITE WINE & MUSHROOM SAUCE (Ricotta & Mozz Cheese, Mushrooms) Green Beans Tossed Salad	April 28 SLICED TURKEY w/ STUFFING & GRAVY Corn Brussel Sprouts Dessert: Sweet Muffin	April 29 PENNE PASTA & (BEEF) MEATBALLS Broccoli, Cauliflower, Carrots Dessert: Peaches	April 30 CREAMY PAPRIKA CHICKEN (Creamy Tomato Sauce) Cauliflower Brown Rice w/ Peas Dessert: Pears	1 STUFFED BAKED FISH (Tilapia, Herb Stuffing, Lemon Butter Sauce) Garlic Spinach & Carrots Herbed Roasted Potatoes Dessert: Mandarin Oranges
4 CENTER CLOSED AT BOROUGH HALL -- Come to Ashbridge for various programs and events	5 CINCO DE MAYO BBQ PORK RIBBETTE Island Blend (Broccoli, Carrot, Peppers, Green Beans) Mashed Sweet Potato Dessert: Pineapples	6 CHICKEN CORDON BLEU (Chicken, (Turkey) Ham, Swiss Cheese, Chicken Gravy) Brussel Sprouts Rosemary Red Bliss Potatoes	7 EGG & TURKEY SAUSAGE w/ MINI BAGEL (Egg Patty, Mozzarella, Turkey Sausage Patty) Apples, Home Fries	8 MOTHER'S DAY LUNCH PARTY: SLICED ROAST BEEF w/ Gravy Green Beans Almondine Mashed Potatoes Strawberry Shortcake, Apple Juice MOTHER'S DAY DESSERTS
11 CHEESEBURGER w/ WHOLE WHEAT ROLL (Ground Beef, American Cheese) Broccoli Florets & Carrots Potato Wedges Dessert: Pudding	12 CREAMY HERB CHICKEN & BROCCOLI w/ ROTINI (Chicken, Cream Sauce, Broccoli) Tossed Salad (Romaine, Cherry Tomatoes, Cucumber) Dessert: Fresh Orange	13 CHEESE OMELET (VEG) & FRENCH TOAST (Egg, Mozz Cheese) Cinnamon Sweet Carrots Apple, Pear, Raisin Compote Dessert: Mandarin Oranges	14 CHICKEN CACCIATORE (Chicken Breast, Tomato Sauce, Bell Peppers & Onions) Sautéed Spinach w/ Carrots Mashed Potatoes Dessert: Peaches	15 BAKED TILAPIA w/ MUSTARD CREAM SAUCE Asian Veggie Blend (Onions, Mushrooms, Red Peppers, Broccoli, Cauliflower, Green Beans) Rice Pilaf Dessert: Applesauce
18 SUNDAY ROASTED CHICKEN Green Beans Mashed Sweet Potatoes Dessert: Cinnamon Applesauce	19 ELECTION DAY CENTER CLOSED AT BOROUGH HALL -- Come to Ashbridge for various programs and events	20 BREADED CHICKEN STRIPS Cole Slaw Potato Wedges Dessert: Fresh Apple	21 SWEET & SOUR (TURKEY) MEATBALLS Mixed Vegetables (Corn, Peas, Carrots, Green Beans) Brown Rice w/ Peppers Dessert: Pineapples	22 SHAVUOT BAKED RIGATONI (VEG) w SPINACH (Ricotta Cheese, Mozz) Broccoli & Cauliflower Carrots Dessert: Sweet Muffin
25 MEMORIAL DAY CENTER CLOSED NO LUNCHESES SERVED TODAY	26 SLICED TURKEY w/ STUFFING & GRAVY Corn Brussel Sprouts Dessert: Sweet Muffin	27 EID AL-ADHA (Tentative Date) PENNE PASTA & (BEEF) MEATBALLS Broccoli, Cauliflower, Carrots Dessert: Peaches	28 CREAMY PAPRIKA CHICKEN (Creamy Tomato Sauce) Cauliflower Brown Rice w/ Peas Dessert: Pears	29 STUFFED BAKED FISH (Tilapia, Herb Stuffing, Lemon Butter Sauce) Garlic Spinach & Carrots Herbed Roasted Potatoes Dessert: Mandarin Oranges

"Pay if you wish" for these meals with a suggested, non-mandatory, anonymous donation of \$2. Those specific donations are sent to and support the Montgomery County Office of Aging Services. Register online at <https://www.newhorizonsseniorcenter.org/meals-and-deliveries.html> or Call: (610) 664-2366