NEW HORIZONS

ASHBRIDGE NOV 2026

CALENDAR

NEW HORIZONS

a daytime community center for active adults

ASHBRIDGE HOUSE
BRYN MAWR
(610) 664-2366
www.newhorizonsseniorcenter.org

Monday	Tuesday	Wednesday	Thursday	Friday
2 9:30–10:30 Full Circle (Z) 11:00–12:00 Carousel Connections Choir 11:30–1:30 Art in Nature Club	**3** 1:00–4:00 Mah Jongg Free Play (Experienced) 10:30–11:30 No Intro to T'ai Chi	**4** 10:30–11:30 Creative Writing (Z) 11:00–12:00 Knit & Chat 12:00–2:00 Advanced Stitch Club 12:00–2:00 Chess Instruction 12:00–3:00 Pollinator Planting Day w/ LM Conservancy 2:00–4:00 Beginners Stitch Club	**5** 10:30–12:00 Computer Tech Support 10:30-11:30 Mat Yoga 10:30–2:30 Lung Cancer Awareness Resource Table w/ Main Line Health 12:00–2:00 Beginning Mah Jongg	**6** 12:00–2:00 Beginning Mah Jongg 1:00–2:00 Rich Conversations 1:00–4:00 Mah Jongg Free Play (Experienced)
9 9:30–10:30 Full Circle (Z) 11:00–12:00 Carousel Connections Choir 11:30–1:30 Art in Nature Club 12:00–1:00 Guided Meditation (Z)	**10** 11:00–2:00 Meals on Wheels Info Tabling 1:00–4:00 Mah Jongg Free Play (Experienced) 7:00–8:00 RVCA Special Meeting 10:30–11:30 No Intro to T'ai Chi	**11** Center Closed For Veterans' Day	**12** 10:30–12:00 Computer Tech Support 10:30-11:30 Mat Yoga 12:00–2:00 Mah Jongg Free Play (Open)	**13** 12:00–2:00 Mah Jongg Free Play (Open) 1:00–4:00 Mah Jongg Free Play (Experienced)
16 9:30–10:30 Full Circle (Z) 11:00–12:00 Carousel Connections Choir 11:30–1:30 Art in Nature Club 1:00–4:00 Film & Discussion: "A Civil Action" w/ Carol Shakow	**17** 10:30–11:30 Intro to T'ai Chi 1:00–2:00 VA/Vet Center Outreach 1:00–4:00 Mah Jongg Free Play (Experienced)	**18** 10:30–11:30 Creative Writing (Z) 11:00–12:00 Knit & Chat 12:00–2:00 Advanced Stitch Club 12:00–2:00 Chess Instruction 1:00–2:00 Health Lecture: Vaccine Update w/ Marisa (Z) 2:00–4:00 Beginners Stitch Club	**19** 10:30–12:00 Computer Tech Support 10:30-11:30 Mat Yoga 12:00–2:00 Mah Jongg Free Play (Open)	**20** 11:00-1:00 BP Screening w/ Main Line Health 12:00–2:00 Mah Jongg Free Play (Open) 1:00–4:00 Mah Jongg Free Play (Experienced)
23 9:30–10:30 Full Circle (Z) 11:00–12:00 Carousel Connections Choir 11:30–1:30 Art in Nature Club	**24** 10:30–11:30 Intro to T'ai Chi 1:00–4:00 Mah Jongg Free Play (Experienced)	**25** 10:30–11:30 Creative Writing (Z) 11:00–12:00 Knit & Chat 11:00–3:00 UPenn Fall Prevention Study Tabling 12:00–2:00 Advanced Stitch Club 12:00–2:00 Chess Instruction 2:00–4:00 Beginners Stitch Club 7:00–8:00 RVCA Meeting	**26** Center Closed For Thanksgiving	**27** Center Closed For Thanksgiving
30 9:30–10:30 Full Circle (Z) 11:00–12:00 Carousel Connections Choir 11:30–1:30 Art in Nature Club 1:00–2:00 Bingocise	Daily Lunch at Narberth See website for menu and reserve by prior Wednesday Always visit the website for program details and last minute updates			

All Links

New Horizons Always Welcomes Your Donations. Thank You!

Donate

(Z) ZOOM | (H) HYBRID
PLEASE SIGN UP FOR ALL PROGRAMS AND LUNCH IN ADVANCE
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